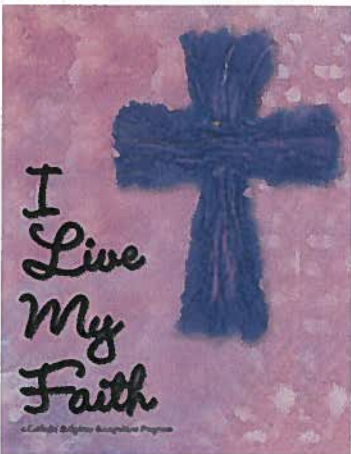


# I LIVE MY FAITH

The *I Live My Faith* program is designed to help Girl Scouts and Camp Fire members, grades 4-6, appreciate more deeply the place that God and religion occupy in their daily lives. The program is structured on the *Catechism of the Catholic Church* with the themes of: Belief, Sacraments, Catholic Christian Living, and Prayer. Each theme provides a variety of opportunities for young people to explore the Catholic faith including art, technology, research, drama, and prayer.



The book is divided into four chapters and includes an Introduction, Conclusion, and Leader's Guide. The chapters are:

- Belief
- Sacraments
- Catholic Christian Living
- Prayer

Within each chapter, the youth are challenged to Discover, Learn, and Connect Catholic Church teaching to their lives while incorporating Prayer throughout the process. *I Live My Faith* complements and supports the more formal religious education provided in Catholic schools and parish programs.

- The leader's guide is contained within the youth workbook.
- The *I Live My Faith Medal* should be conferred after completion of the program along with the optional patch if desired.
- *I Live My Faith* prayer cards are also available.