## PILLAR III: EUCHARISTIC LIFE IN PRACTICE

- Embrace the communal dimension of the Christian life by deeper engagement in your Parish and other Catholic institutions and apostolates.
- Pursue on-going formation (training) in the Catholic Faith, particularly in small group settings.
- Renew veneration / honor to Mary and the Saints, especially through the frequent recitation of the Rosary. If it is not practical to say five decades of the Rosary, especially if you have young children, you might start with one decade of the Rosary each day.
- God wants to include us in His work of redemption. We can cooperate with our Lord in the work of the salvation of souls by offering our sufferings up in union with Jesus' sufferings on the Cross.
- Accompany those on the margins of life, seeking on-going conversion for ourselves and others. Those on the margins could include, but are not limited to, the poor, those in prison, the sick and homebound, those with disabilities, immigrants, single mothers, etc.